

Class Registration Directions to Class

Online Registration:

The fastest, most secure way to register for classes, check class availability, you can also register online using your Provider One Card and much more!

www.nwchildbirth.com

Mail-in Registration:

1. Select a class that best meets your needs
2. Complete the attached registration form
3. Mail the registration form, along with payment or a copy of your Provider One Card to:

NW Childbirth
PO Box 12553
Olympia WA 98508-2553

Once payment is received, a confirmation letter will be sent to you via email or mail with directions to class and what to bring noted as well.

Directions to Class:

Providence St Peter Hospital
413 Lilly Rd NE
Olympia WA 98506

From Southbound I-5, take Exit 109.
From Northbound I-5, take Exit 107.

Follow signs to Providence St Peter Hospital.

Enter Providence St Peter Hospital through the Main Entrance. Once inside the hospital proceed toward the Main Hospital Information Desk for directions to your childbirth classroom.

If you have trouble finding your class, please call (360) 701-2095 for assistance during class hours.

About Us

At NW CHILDBIRTH, we understand the many questions and concerns you may have as your baby's delivery date approaches. Our reputation as a high-quality, family education organization is built on solid educational, medical, and nursing expertise.

Since the Fall of 2001, over seventeen thousand expectant parents and their families have attended classes with NW CHILDBIRTH.

As we continue our commitment to teaching this ensures that our patients and their families are well informed about their health and health care options. That's why we offer a complete series of childbirth education and parenting classes designed to help you prepare for - and achieve - a memorable birth experience and beyond!

Additional Class Information

Please note that your class materials and water are provided. If you wish to bring along anything else to help make yourself more comfortable, please do so.

Please wear comfortable clothing. If you have any physical challenges, such as hearing or vision impairments, or other conditions needing special consideration, please contact us before your first class so we can arrange for your needs.



NW CHILDBIRTH
CHILDBIRTH & PARENTING EDUCATION

PO Box 12553
Olympia WA 98508-2553

(360) 754-8080

NWCHILDBIRTH.COM

Childbirth Classes

Prepared Childbirth Class

4 week class series
 Providence St Peter Hospital
 Fee: \$95 or Provider One Card
 Optional class included: Breastfeeding Your Baby

Tuesday evenings - 7-9 pm

Jan 10-31	Feb 7-28	Mar 6-27
Apr 3-24	May 1-22	June 5-26
July 10-31	Aug 7-28	Sept 4-25
Oct 2-23	Nov 6-20*	Dec 4-18*

* Holiday Schedule - 3 week class

Fast Track Childbirth Class

One day class Saturday or Sunday
 Providence St Peter Hospital
 Fee: \$95 or Provider One Card
 Optional class included: Breastfeeding Your Baby

Saturdays - 9:30 am - 5:30 pm

Jan 14	Feb 11	Mar 10
Apr 14	May 19	June 9
July 14	Aug 4	Sept 8
Oct 13	Nov 17	

Sundays - 9:30 am - 5:30 pm

Jan 29	Feb 26	Mar 25
Apr 29	no May class	June 24
July 29	Aug 26	Sept 30
Oct 28	Dec 8	

Full class descriptions online

nwchildbirth.com

Other Classes

Breastfeeding Your Baby

One 2 hour class
 Providence St Peter Hospital
 Fee: Included with any childbirth class or
 \$20 if not attending NW Childbirth classes

Thursday evenings - 7-9pm

Jan 26	Feb 23	Mar 29
Apr 26	May 31	June 28
July 26	Aug 30	Sept 27
Oct 25	Nov 15	Dec 20

Newborn Safety & CPR

One 2 hour class
 Providence St Peter Hospital
 Fee: \$25 per person
 Ideal class for Parents, Grandparents, Nannies

Sundays 2-4 pm

Feb 12	Apr 15	June 10
Sept 9	Nov 18	

Sibling Celebration

One 2 hour class for ages 3-8  Photography ok
 Fee: \$40 per family

Sundays - 10:00 am - Noon

Feb 12	Apr 15	June 10
Sept 9	Nov 18	

Online Photo Gallery

nwchildbirth.com

Registration Form

Name of Expectant Mother
Name of Birth Partner
Address
City, State, Zip
Phone
Message Phone
Email
Physician/Midwife
Due Date
Hospital which you plan to deliver at?

Choice of Classes	Class Date
4 - Week Prepared Childbirth Class	
One Day Fast Track Childbirth Class	
Breastfeeding Your Baby	
Other Classes please list	

Enclosed is a check or money order
 Checks made payable to Julie Henegan, LCCE

Enclosed is a copy of my Provider One Card

Once your registration is received you'll receive a confirmation letter by email. If you do not have internet access, please check the box below and your letter will be sent to the address indicated above.

Please send my confirmation letter by mail

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 PO Box 12553
 Olympia WA 98508-2553